

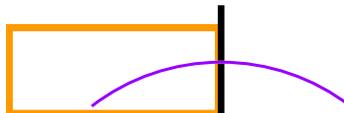
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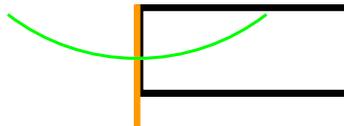
Volume 6 Issue 10

Dates to get involved with IMFK:

- **Sat. Oct 6th Mark Horvath 6pm @ ArtRage Gallery**
Mark Horvath of Invisible People will be speaking on homelessness. It is free and open to the public.
- **Thurs. Oct 18th Q&A PANEL 7pm @ ArtRage Galley**
This free and open to the public. Representatives from shelters, the Syracuse Homeless and Housing collation will be there to answer questions and share.



At the Table



Update

WHAT IS LIFE HOUSE

In January of 2018, **IMFK was given a house** from a family of **IMFK** Sous Chefs. **IMFK** felt the call to help women who are trying to escape from a life of sex trafficking. After meeting with Syracuse's sex trafficking judge and his court we knew these were the women who needed a safe place to heal and transform.

MAKING A HOUSE A HOME

As of the beginning of October, we have **completed drywalling** and we are now working on tapping and mudding.

Invisible People

Over 200 people came to the opening of the **Invisible People event**. **IMFK and ArtRage** collaborated to bring awareness to the problem of homelessness. San Diego Artist, Neil Shigley and his oversized portraits of homeless people were displayed and IMFK was open for people to visit. Mr. Shigley was on hand to answer questions. He also spent time going **SU to speak to art students** and go out

John and our IMFK

Sous Chef volunteers will be gutting out the bathroom this month.

John and Leigh-Ann have met with **our designer, Rachel Scrippa** to discuss paint colors, tile and flooring. We are so thankful for **Rachel giving her time and creativity to IMFK.**

There is still much work to be done inside the house to make it livable and safe.

HOW CAN I HELP ?

PRAY:

Please pray for the house mom and ladies who will be

coming to live in the house. Please pray for the finances to finish with excellence.

GIVE:

As we move into the holidays, **consider making a one-time donation** to this home for women escaping the life of sex trafficking.

Thank you to all who have helped us get **Life House** this far with your time and financial gifts.



House Calls to the Homeless Update

Over the last four months **IMFK** has been able to assist over a dozen friends with basic medical necessities through **House Calls to the Homeless with Dr. David Lehmann (Doc)**.

Dr. Lehmann has been able to do basic triage as well as prescribe the medications that our friends desperately need. This elevated quality of care at street level has shown our friends that they are not invisible and we truly care about their well-being. **Dr. Lehmann becomes their PCP** (Primary Care Physician) while our friends are living outdoors.

House Calls to the Homeless has also set up a time to meet our friends for more intense physicals and through check-ups at the **RAMA Clinic** on Thursdays.

What a joy, honor and privilege it has been to see our friends open up more to **IMFK** through this basic, but much needed service. We have been able to see our **friends open up in new ways as they start to feel better**. They unpack more of their stories behind the cardboard sign.

House Calls to the Homeless and IMFK are truly building hope and changing lives.



A sous chef is a vital component of any successful commercial kitchen. They are a support to the Master Chef in keeping the kitchen in order and running smoothly. Here at **IMFK** we call those **who support and volunteer, sous chefs**.

Please consider **becoming a monthly supporter (Sous Chef) of IMFK**. Your generous support will allow us to continue building hope and changing lives of those who feel invisible and forgotten.

Donations can be made online at: <https://diem.life/imfk>

Checks and money orders may be mailed to:
In My Father's Kitchen
PO Box 11328
Syracuse, NY 13218

Donations of gently used clothing, housewares, bedding, towels and shoes are welcomed. **Drop off is every Friday from 12 to 4 pm at 501 Hawley Ave**. No need to call before dropping off items.

Together we are making a difference



Next Month
Sat, Nov. 17th

