



# AT THE TABLE

## Under the Bridge Update

We would like to introduce you to our friend, Kevin. **IMFK met him in early March, where he was living in an abandoned apartment** with no water or electricity. Kevin told us that he was ready **“to do whatever it took and go wherever he needed”**; so that his life could be different. Kevin had been in and out of shelters since 2011.

**IMFK stepped into assist Kevin by contacting agencies within the Housing and Homeless Collation** to share Kevin’s story. We were able to transport and advocate for him through the 7 week process to gain housing.

**Because of the generosity of our IMFK Sous Chefs we were able to feed and clothe Kevin.** We were also able to help him with all the paperwork needed for him to receive housing. A collaborated effort between **Syracuse Behavioral Health**

**(SBH) and IMFK produced an opportunity for Kevin get into an apartment of his own.** Kevin received his keys on April 27th and is homeless no more.

**Together Sous chefs we are making a difference in the lives of those who feel invisible.**



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### Don't forget!

The 5th annual

You're Not Invisible 5k walk/run

Sat. June 16th @ Onondaga Park

Register online:

<https://diem.life/imfk/imfk-5th-annual-5k-walkrun-2018/317/100>

# Story Behind the You're Not Invisible 5k

The **In My Fathers Kitchen (IMFK) annual 5k** is a wonderful event where the community can come together to bring awareness as well as resources to our Mission of serving those who feel INVISIBLE.

**Who are the INVISIBLE?** They are the individuals who are homeless living on the streets, in abandoned houses and **under the bridges of our city. This is an opportunity for our community to come together by walking or running with a purpose!** The purpose is to let our friends outdoors know they are seen. Since 2011 **IMFK has assisted 92 individuals** off the streets and into safe housing in our community.

We are excited for our continued **partnership with DIEMlife and the Midgley family.** Every year our 5k is in memory of John and Robert Midgley, men who had a heart for those who felt INVISIBLE. 5 years ago we received a call from John Midgley's daughter Jacqui who stated that her dad was ill and wanted to meet us to hear more about our mission. She let us know that he was at the closing moments of his life so we graciously accepted the invitation. When we arrived at the Midgley home we were surprised that the whole family was present. Chairs were set up all around the kitchen table and John was wheeled in to join everyone. After exchanging pleasantries **we shared the mission of IMFK to John and his family.** John began to share his heart about the things that **he had done to serve the homeless of Syracuse.**

John owned a printing company called **Midgley Printing across the street from Catholic Charities Mens shelter.** John would

host cook outs in the parking lot and feed the men from the shelter. John's wife Candy said that there were times when she would come home from work **to be greeted by strangers in her home that John would invite over for dinner.** Candy said with John it was "always an adventure" given his heart for those who were broken. We asked John if there was anything else he wanted to share, **he said that his wish was that the family would continue to reach out to those who were hurting and continue carrying the torch of loving on those who felt unloved.** We talked for a while after about life and other things. After about an hour we shook hands said good bye.

The next morning we received a call from John's daughter Jacqui that her father had passed away early that morning. What an honor to be able to meet John and his family. **What a privilege to continue his legacy with his family** as we year after year remember him and his brother Robert while bringing awareness to those living outdoors.

**Please consider becoming a part of not just our 5k but truly joining something bigger.** Become a part of Building Hope and Changing Lives.

**Hope to see you at the event!**

**John and Leigh Ann  
Founders of IMFK**

