



PO Box 11328  
 Syracuse, NY 13218  
 (315) 308-1561  
 inmyfatherskitchen@gmail.com

February 2018  
 Vol 6 Issue 2

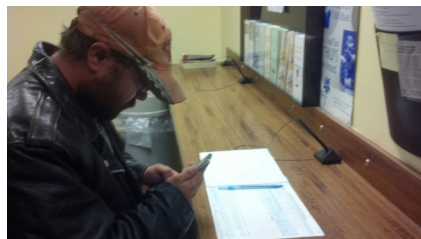
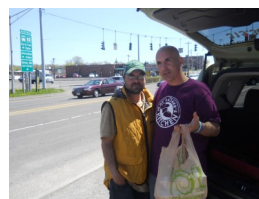
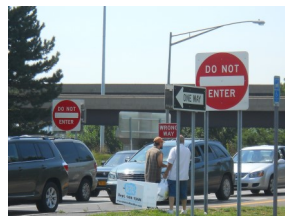


# AT THE TABLE

## Living 180°

We met Ernie over 4 years ago while he was **living under a bridge by Destiny USA**. In mid-January **IMFK** was able to assist Ernie in finding stable housing with a **SBH (Syracuse Behavioral Health) Housing Program**. While assisting Ernie with moving in and getting settled we noticed that Ernie was limping a lot and when we questioned him, he said **he was having pain in his foot and thought he might have frostbitten toes**. Ernie showed Chef John and Kat the toes on his right foot, which were black. **IMFK encouraged him to go to the hospital**, but he refused. Finally, after a week of pain and discomfort Ernie agreed. **Kat transported him** to a doctor's appointment. Upon examination, Ernie was immediately sent to the Emergency Room at **Upstate University Hospital**. Kat sat with Ernie while he waited and then met with the hospital team to advocate for him. Ernie was admitted to the hospital and surgery was scheduled. Two of his toes would have to be removed as soon as possible. **IMFK was able to provide comfort, support** and activate his TV for his hospital stay. Ernie's surgery went

well he was discharged and returned home to his apartment. The road ahead may be a little bumpy for Ernie **but thanks to your support, Ernie knows he is not invisible**. And with your monthly support we are able to continue helping those like Ernie, in **building hope and changing lives**.



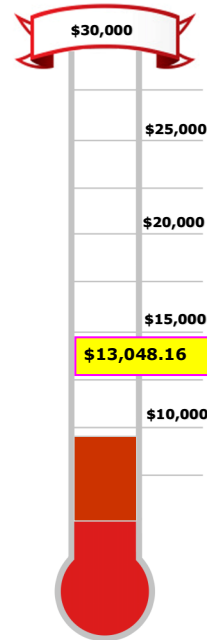
## Winter Give Away

On **Sat., Feb. 17th** **IMFK** in partnership with **Destiny Christian Center** will hold our annual **IMFK Winter Give Away**. We want to thank Pastor Jeff and his congregation for opening their doors to the refugee and needy families on Syracuse's North Side. **Thank you to all the volunteers** who have agreed to help make this event happen through their service and donations.



## Life House

The work in Life House continues. **We currently have \$13,048.16 in our Life House account** and our goal is \$30,000 to finish it. **IMFK would like to again thank Operation Northern Comfort, Jeff Bassani and Ralph Wolsey** for all the time they are giving to make the Life House a beautiful home for women. With your continued support we move closer to a finished home.



**\$30,000**

Our goal

**THANK YOU!**



As IMFK continues to grow so do are financial needs to accomplish all that we do.

Please consider becoming a monthly supporter (Sous Chef) of IMFK. Your generous support will allow us to continue building hope and changing lives of those who feel invisible and forgotten.

Donations can be made online at:

<https://inmyfatherskitchen.mycharitybox.com/>

If you are mailing a check and would like your gift to go to Life House; please write Life House in the memo line. Checks and money orders may be mailed to:

In My Father's Kitchen  
PO Box 11328  
Syracuse, NY 13218



Heartfelt   
**THANKS**  
**TO OUR VOLUNTEERS!**



Donations of gently used clothing, housewares, bedding, towels and shoes are welcomed. Drop off is every Friday from 12 to 4 pm at 501 Hawley Ave. No need to call before dropping off items.

If you would like to volunteer at IMFK, go to [www.inmyfatherskitchen.org](http://www.inmyfatherskitchen.org) and fill out the online application.

Thank you!  
Together we are making a difference!